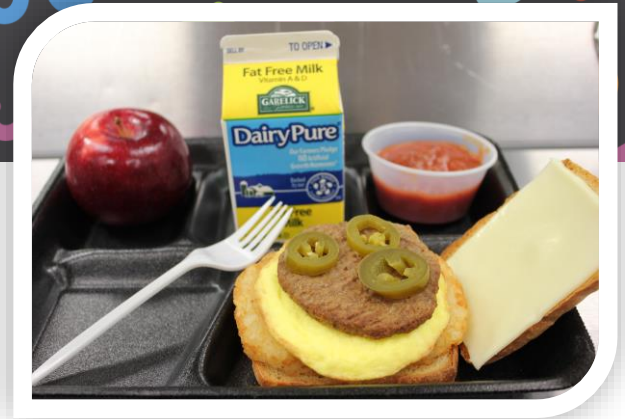


The Breakfast Egg-spress

School Operator Recipe

School District: Meriden Public Schools

Operator: Food and Nutrition Services Director Susan Maffe



Operator Notes:

The Breakfast Eggs-press is a complete meal counting as 4 breakfast items. Salsa on the side is optional for students to dip the slightly spicy sandwich in.

We conducted a student Taste Test, we invited 49 middle school students who participate in an after school program to sample and critique our breakfast sandwich creation.

From the survey data, the Breakfast Eggs-press was very well received. An impressive 77% of the students gave our sandwich the highest rating for both taste and overall appeal. When asked how the food tasted, the average rating given by the students was 5.7 out of 6. In addition, students gave the sandwich an average 5.5 rating overall.

Ingredients	Servings 25		Directions
	Weight	Measure	
Pillsbury Ciabatta Bread, 1.8 oz Product # 137738000		25 each	<ol style="list-style-type: none"> Split Ciabatta rolls open and lay out (inside face-up) on a lined sheet pan Place frozen potato patty on a lined plan and cook for approximately 10-12 minutes in a preheated 450° F convection oven. (If only one oven, cook at 350° F for approximately 15 minutes until crispy and golden) Lay frozen egg patties flat on a lined sheet pan and cook for approximately 10 minutes in a preheated convection oven set at 350° F. While egg patties are cooking, lay sausage patties flat on a lined sheet pan. Place pans of sausage and pans of Ciabatta bread in 350° F convection oven for 5 minutes. Sanitize thermometer. Ensure a minimum temperature of 165° F is reached for eggs, sausage and potato patties and document. Assemble sandwiches with bottom half of roll, sausage patty, potato patty, egg patty, slice of cheese, 3 jalapeno slices, and top half of bread. Wrap pan and return to warmer until service. Keep sandwiches at internal temperature of 140° F and record temperature on log sheet. Serve one sandwich per serving .
Simplot Potato Patty 2.25 oz Product # 23330		25 each	
Precooked Egg Patty, Papetti's 1.25 oz Product # 46025-85017		25 each	
Jennie-O Turkey Sausage Patty 1.025 oz Product #6132 160 servings per case		25 each	
Bongard's LMPS Mozzarella Cheese, ½ oz slice Product # 10038-4 640 servings per case		25 each	
Cosmo Sliced Jalapeno Peppers Product # 19055		3-4 each	

Times

Prep Time: 25 min

Cook Time: 25 min

Ready Time: 50 min

